

Defining Multicultural Competence

Multicultural Competency has been defined as “the awareness, knowledge, and skills necessary to work effectively and ethically across cultural differences.

- ◆ **Multicultural Awareness** - how people’s attitudes, beliefs, values, assumptions, and self-awareness affect the ways they interact with those who are culturally different from them.
- ◆ **Multicultural Knowledge** - having an informed understanding of cultures that are different from one’s own, including knowledge of their histories, traditions, values, practices, etc.
- ◆ **Multicultural Skills** - what individuals use to engage in effective and meaningful interactions with those who are from different cultural backgrounds than their own.

